

# **REIKI VIRTUES**

**REIKI SUPPORTS & ACTIVATES THE BODIES  
NATURAL CAPACITY TO HEAL  
ITSELF.**

**REIKI VITALIZES THE BODY, MIND,  
AND SPIRIT.**

**REIKI BALANCES THE ENERGY OF THE BODY.**

**REIKI WORKS ON THE PHYSICAL, EMOTIONAL,  
MENTAL AND SPIRITUAL LEVELS,  
IT RELIEVES PAIN AND  
RELAXES.**

**REIKI ENERGIZES AND BALANCES GLANDS,  
BODY FUNCTIONS, STRENGTHENS THE  
IMMUNE SYSTEM.**

**REIKI LOOSENS BLOCKAGE OF ENERGY.**

**REIKI RE-ESTABLISHES SPIRITUAL  
EQUILIBRIUM.**

**REIKI ENHANCES CREATIVITY.**

**REIKI IS BENEFICIAL FOR PLANTS AND ANIMALS,  
IS A PLEASANT AND A GENTLE  
HOLISTIC METHOD.**